

LIFE MASTERY

Zero Efforts ™
everything in nothing

CHRONOLOGY OF PROGRAMS

1) 03 HOURS MASTER CLASSES

2) 01 DAY TRAINING PROGRAMS

3) 01 MONTH COACHING PROGRAMS

4) 06 MONTHS COACHING PROGRAM

03 HOURS
MASTER CLASSES

05 STAGES of PERSONAL MASTERY



10 COMMANDMENTS of SUBCONSCIOUS REPROGRAMMING



08 types of FEARS & their handling skills



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**03 Hours
Master Classes**

**01 DAY
TRAINING PROGRAMS**

**01 MONTH
COACHING PROGRAMS**

ENERGY Leadership



THOUGHTITUDE & GRATITUDE Leadership



LIFE SKILLS Leadership (For entry level team members)



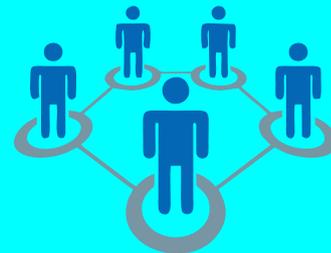
IKIGAI Leadership (finding purpose of life)



HAPPINESS QUOTIENT Leadership



PARENTING Leadership



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01 Month
Coaching Programs

**06 MONTHS
COACHING PROGRAM**



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**06 Months
Coaching Program**

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www.zeroefforts.ooo

Invite us for a meaningful conversation

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